

# Emsworth Cruising Association

2014/02/22

## March 2014

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# Commodore's Comments

Are we nearly there yet?

Yet another failed rally: this time we failed to get to Cowes. But the At Home was a success and surely we will get to Bembridge on 15<sup>th</sup>-16<sup>th</sup> March. It's even been possible to walk through the meadow again, albeit only in wellies. I'm almost hopeful that we've seen the last of the serious rain. The only down side is that I might have to start scrubbing the old bottom again.

Our next and final social event of this winter will be the Fiting Out Supper at Eames Farm on the 22<sup>nd</sup> March. This will include our Cruise Planning meeting where we tell each other all our dream stories about where we're going this summer. We should get some good ideas if only to make up for the winter: what else have we been able to do but plan? And after that the sailing season will be in full swing with no excuses accepted.

Looking ahead, (it's better than looking behind,) Easter is a bit late this year so our Easter Rally should, of course be held in brilliant sunshine, ha, ha! And while I didn't go anywhere, I did manage to get out of the marina at the weekend and confirm that the harbour is still there. Harbour news is that CHC intend seeking "Powers of Direction" which are authority to make Do-it-yourself bye-laws. We (the Harbour Federation) don't anticipate any significant changes and we generally think we trust the Conservancy; it just makes it easier to be flexible. The RYA are drawing up sample regulations and the Federation will be represented on the Port Users Group which must be consulted on any new Direction. Directions have a limited penalty (max £2,000) so major offences would still have to be dealt with by Bye-and Real Laws. Powers only apply to "Navigation" and "Shipping", so if you want to stand on the shore and be rude to the Harbour Master, they won't make any difference.

**Tony Browne, Commodore, Elwing II**

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## The Shakedown Rally

The Shakedown Rally 15 – 16 February 2014

Boats participating:- Ludovic II, Carina, Ruhine, Tamarisk, Tringa II, Witch Hazel.



Saturday's very high winds especially those overnight allowed many of the participants to be guilt free, lying in under the duvet, within the shelter of bricks and

secured roofs of slate and ceramic.

However, Sunday was very different.

All had a very sunny, smooth, dry and warm trip from pontoon (or hard standing) to "The Deck" where tea and cakes were consumed outdoors.



The conversation was mainly about



boats were in fact on the hard, and so could have only participated in this type of rally rather than a conventional ECA rally.

antifouling – on how to remove it from the boat without coating one’s self - followed by the next stage – how to coat the boat but not anything else, especially one’s self. It was not only the coolness of the last of the setting sun that gave nearly everyone a slight light blue tinge.

For the uninitiated, several of the above

We are a very friendly club so if your boat is not available for a rally do contact committee members through the web site or telephone or text (details in year book) to say that you would like a sail with someone else and they will do their best to find a willing host.

Alice.

(Large version on EYH notice board)

## The “At Home” 22 February



**Photos** by Derek Ellinor, Badgie 2, **above**, Charles Harrison (2<sup>nd</sup> right) suddenly remembers something he might have forgotten, with Neil Fuller (Left) assuring him that the sandwiches are perfect. Sue Dickens and Alice Tyrrell are debating whether the weather on the March Rally will be warm enough, and John Baldwin (facing us) cracks a joke with Bev Dickens. **Left:** Sheila Elsdon and Anne Baldwin discuss a heartfelt topic.

**Overleaf top and centre:** General views of the At Home showing how attractive the Stables are at Eames Farm. **Below:** In centre of photo our very tall Harbour Master, **Richard Craven.**

**Cover photo:** the spread for our guests. (DT)



At Home (continued)



... and finally, yes the “At Home” was a resounding success. Did you notice how everyone gravitated towards the bar/kitchen end of the room? Photos below; The ECA celebrating at the Ship Inn after a hard days work At Home. (Photos below by Dick Tyrrell).



## A Sailor's Play List as recommended by Tim Shaw, Hoi Lung

Orinoco Flow	Enya	This is another lead single from a second album, released in '88, and charting at no.1 in the UK and several other countries.
Proud Mary	Creedence Clearwater Revival	Despite hailing from the Bay area of San Francisco, CCR invented the sub-genre known as 'Swamp Rock', with their great tunes conjuring life on the rural backwaters and bayous of the deep south.
Red River rock	Johnny & The Hurricanes	This ole Cowboy standard was given the Rock'n Roll treatment in '59 by these guys who hailed from Toledo, Ohio. They developed a following in Europe, and in 1962 they played gigs at the Star Club, in Hamburg, with an unknown band from Liverpool, called The Beatles, opening the show.
Red Sails In the Sunset	The Platters	Now this golden oldie is so cool, it's frozen. Chill to the wonderful harmonies.
Sailing	Rod Stewart	Get 2 or 3 blokes together, give them some beer, and they will surely massacre Rod the Mod's great 70's hit.
Sea Cruise	Frankie Ford	If you don't at least tap your feet, then you're already dead.
Sloop John B.	Beach Boys	Another great sing along from Brian Wilson et al.
Stranger on the shore	Acker Bilk	<i>Mr. Acker Bilk</i> originally wrote this number (and named it) for his daughter Jenny. Taken up by the BBC and renamed as the theme tune for a long-forgotten TV show. Apparently 'Acker' is Somerset slang for 'mate'.
Surfin' USA	Beach Boys	The first west-coast super group, this eponymous cut from their second album is a co-write between Brian Wilson, and another great American rock hero, Chuck Berry.
The Seven Seas Of Rhye	Queen	The full version of this cut didn't appear until Queen's second album <i>Queen II</i> . My tip of the Hat to Freddie Mercury, one of the greatest characters of Rock n' Roll. RIP.
The Tide is High	Blondie	Pioneers of the America New Wave and Punk scenes particularly at venues in NYC like CBGBs and Max's Kansas City, this is a cover of a 1967 song originally released by the Paragons (from Jamaica). Later covered (1972) by Brit girl band Atomic Kitten.
The Wreck of the Edmund Fitzgerald	Gordon Lightfoot	Gordon has acknowledged that there are a few historical inaccuracies in this sad story, done for musical & artistic reasons – but mostly it's based on a true story.
This Is The Captain Of Your Ship	Reperata & the Delrons	Merits inclusion just for the band name! This number was a hit in 1968. In 1965, the girls opened for the Stones on their spring tour of the States.
Thousand Are Sailing	The Pogues	Along with the Edmund Fitzgerald, this is a song with a more a more serious side to it, and is an attempt to understand the Irish experience of immigration into the US.
Wipe-Out	The Surfaris	Not too much to say about this one – it was a hit in '63, and it (and covers) have been used for many TV & Movie applications. Covered by Animal for the all-time classic, Muppet Beach Party.

# Going foreign - Some more practical tips from our trips

by Dick & Alice Tyrrell (continued from last month)

## 9) Our tips for shorthanded Northern France, Friesian and Baltic cruising

### Cruising tip no1);

Definitely update your charts, paper and Plotter. Then brush up on your tidal calculations and tidal atlas's and almanacs before tackling the French coast, from Dunkerque right down to Brittany, (in fact, right down to the Spanish border), Belgium, Dutch and German coastal routes.

Plan each leg to use the favourable tide to the full, if lightly crewed or coastal cruising- otherwise the scenery can get very boring, particularly on Springs. Mobos will use less fuel working the tides to advantage too.

The same is equally true if crossing the watersheds and sands in the Friesians or entering or leaving the Elbe-especially the Elbe, Oh Yes, Oh Yes, Indeed!

Get used to some early starts/long days, and sightseeing/shopping/sleeping at odd times.

**Cruising tip 2)** Bike Hire, Mainland Europe, The Baltic and Friesian tip;

a) Hiring bikes on the Dutch islands is dead easy usually-the bike hire coys are efficient, and usually close to the ferry terminal, and/or so are the villages. Some Dutch mainland HM's like Breskens or Scheveningen either hire or have free "visitors" shopping bikes. This can be 'fun'.

b) For the French mainland and most of their islands, the German Friesian islands and the Baltic islands and harbours, I'd take your own- at least 2+ spares and tools.

c) Otherwise, as the German Friesian settlements are usually much further from the harbours, so you are on Shanks Pony, or

confined to the train or horse drawn bus/cart, which in turn is confined to the ferry timetable, which in turn is confined to the daytime HW times.

**Cruising tip 3)** specific Baltic and Friesian tips

1) Your arms can get quite long with even a few bags of groceries trudging back from the island's premium priced mini market in the wind and rain. So stock up on basics, especially the heavy stuff, whenever you are near a large mainland town/supermarket or can cycle.

2) Buy your chocolate, sweets, beer, wine and spirits in France, Holland and Danmark. Avoid buying strong drink in Swedish (and Norwegian!) waters.

3) British foods etc be had, but at a price! Marmite is now banned in Canada! Stock up on your Crews "MUST HAVES" before you go.

4) Go Native- there is nothing wrong with ham, cheese and herring rolls for breakfast! Raw Herring rolls are on the menu as soon as you reach Holland! Some Harbour Masters supply breakfast rolls if ordered the night before/on arrival.

5) The Swedish bakers bread does tend to have a lot of sugar in it, and sweets are very expensive compared to the UK and Holland. **Next Month- The Baltic Box and Married Crews!**

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### **Disclaimer:**

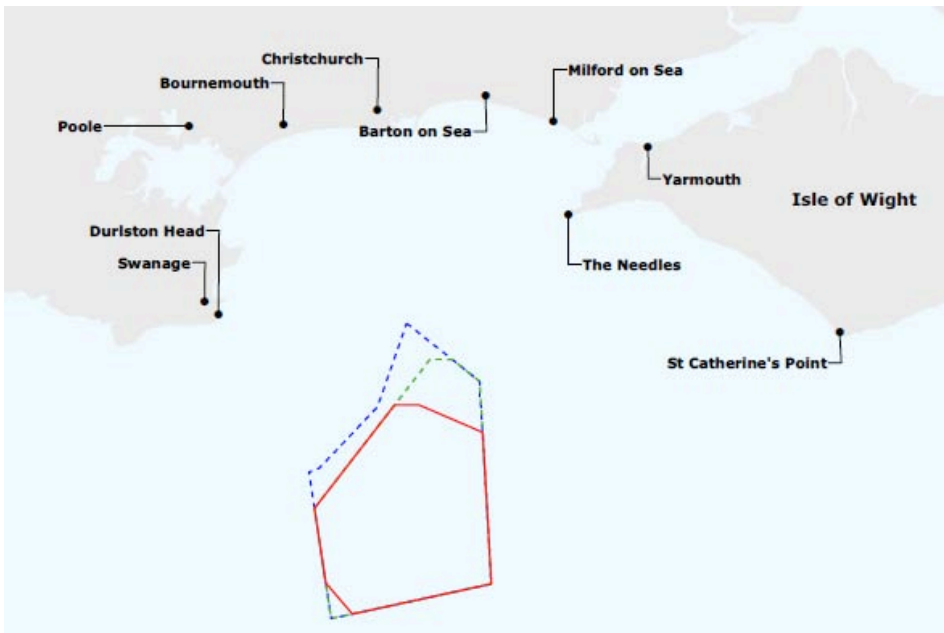
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## News in Brief

Cowes Harbour Commission (CHC) has today (28 February 2014) appointed Boskalis Westminster to undertake construction of the new £7 million detached breakwater for Cowes on the Isle of Wight. The construction of the new breakwater will be carried out in two phases, with the first phase, creating the core structure of the breakwater, commencing in spring, at Easter 2014.

**Navitus Bay** has *reduced* the area at the northern boundary. This is outlined in *red* on the chart. The number of turbines has been reduced.



This will make them less visible from the shore and will be further away from boats going westwards from the Solent. Those coming from France will however still need to take extra care navigating homewards.

## Mushroom and Chickpea Curry

### Ingredients

Large onion chopped	2 cloves garlic
3 tsp curry powder or paste	2 tins chickpeas
250 gms mushrooms	400ml coconut milk
juice of 1 lemon or lime	1 tbs oil
200 gms kale or spring greens	

### **Method**

Peel, and chop onion, peel and crush garlic, half the mushrooms, drain and rinse the chickpeas.

In a large pan or frying pan with lid, fry onion and garlic until soft then add and gently cook the curry powder or paste. Add coconut milk, chickpeas, mushrooms with the lemon or lime. Cover and simmer gently for 20 mins (adding water if going too dry)

Add the greens, simmer for 5 mins then check seasoning.

Serve with white rice and poppadoms, or pilau rice and maybe chapattis or naan breads.  
Ideal on a day like the photo aside!



Cuxhaven  
entrance in  
fog and rain  
Photo DT